# **Mixed Venous Oxygen Saturation Measurements**

# **Anesthetic Pearls:** Anesthetic Management and Implications of MVO<sub>2</sub>

# I. What is mixed venous oxygen saturation?

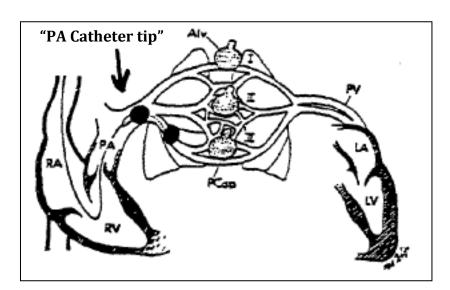
Mixed venous oxygen saturation (SVO<sub>2</sub>), is a measurement of the oxygen saturation (by a blood gas machine) of a specimen of venous blood obtained from the pulmonary artery. A single sample may be obtained from the tip of the pulmonary artery catheter. There are also oximetric pulmonary artery catheters (oximetric Swan-Ganz cath) that sit in the pulmonary artery and using technology like the pulse oximeter to provide a continuous measurement of SVO<sub>2</sub>.

# II. What is SVO<sub>2</sub> a measure of?

SVO<sub>2</sub> is a measure of global (body) oxygenation. The blood that comes back to the pulmonary artery, just before the alveolus, is desaturated. The more oxygen the body and organs require, the more oxygen it extracts from the perfused arterial blood (hemoglobin). Normal SVO<sub>2</sub> is about 68-77%

#### III. Where is a SVO<sub>2</sub> sample obtained?

It is measured in the pulmonary artery. Sample is taken from the pulmonary artery via the distal lumen (tip) of a pulmonary artery catheter and a blood gas is performed on the specimen.



#### IV. What factors affect SVO<sub>2</sub>?

 $SVO_2 = \tilde{S}aO_2 - [VO_2/(CO \times Hgb)]$ 

- -Cardiac Output (CO)
- -Hemoglobin (**Hgb**)
- -VO<sub>2</sub> (oxygen usage by body metabolism)
- -SaO<sub>2</sub> (arterial oxygen saturation)
- -CaO<sub>2</sub> (arterial content of oxygen) =  $(1.38 \text{ x Hb x SaO}_2) + (.003 \text{ x PaO}_2)$

### V. Summary of Factors/Clinical Scenarios Affecting SV02

Increased SVO<sub>2</sub>
Low VO<sub>2</sub>------ cyanide, carbon monoxide, sepsis, hypothermia High CO----- sepsis, L to R shunts, AV fistulas, liver disease

#### Decreased SV02

Decreased Hb---- bleeding, hemolysis Low CO----- MI, CHF, hypovolemia

- Important: A decrease in SVO<sub>2</sub> may be the result of decreased cardiac output if all other factors are stable (Hb, oxygen use by the body, arterial oxygen content of blood and oxygen saturation).