

Acute Pain Adult Inpatient Management Guideline

Adult abdominal cases

- These patients are typically NPO and their pain regimen should include the epidural infusion and multimodal **IV** pain medications (Acetaminophen IV 1g q6h ATC, Methocarbamol (robaxin) IV 1g q8h ATC, and Hydromorphone IV q2 PRN BTP).
- Wean off and remove epidural catheter once patient is tolerating a PO diet and has been transitioned to a PO pain medication regimen. **Use ERAS protocol when indicated.**
- Max 7 days.

Adult thoracic cases

- These patients typically have a diet and their pain regimen should include the epidural infusion and **PO** pain medications (Acetaminophen 650mg PO q6 ATC, Oxycodone IR (roxicodone) 5-10mg PO q4 PRN mod and severe pain, Methocarbamol 750mg PO q8 PRN muscle spasms, Hydromorphone IV q2 PRN BTP).
- Wean off and remove epidural catheter once chest tube is removed and patient is tolerating their PO pain medication regimen.
- Max 7 days.

Adult pelvic or leg surgery

- These patients typically have a diet and their pain regimen should include the epidural infusion and **PO** pain medications (Acetaminophen 650mg PO q6 ATC, Oxycodone IR (roxicodone) 5-10mg PO q4 PRN mod and severe pain, Methocarbamol 750mg PO q8 PRN muscle spasms, Hydromorphone IV q2 PRN BTP).
- **POD 2 or POD 3-** Ensure patient is tolerating their PO pain medication regimen then wean off and remove epidural catheter.

Adult spine cases

- These patients typically have a diet and their pain regimen should include the epidural infusion and **PO** pain medications (Acetaminophen 650mg PO q6 ATC, Oxycodone IR (roxicodone) 5-10mg PO q4 PRN mod and severe pain, Methocarbamol 750mg PO q8 PRN muscle spasms, Hydromorphone IV q2 PRN BTP).
- **POD 3 or POD 4-** Ensure patient is tolerating their PO pain medication regimen then wean off and remove epidural catheter.

Adult nerve block catheters

- These patients typically have a diet and their pain regimen should include the nerve block catheter infusion and **PO** pain medications (Acetaminophen 650mg PO q6 ATC, Oxycodone IR (roxicodone) 5-10mg PO q4 PRN mod and severe pain, Methocarbamol 750mg PO q8 PRN muscle spasms, Hydromorphone IV q2 PRN BTP).
- **POD 2 or POD 3-** Ensure patient is tolerating their PO pain medication regimen then wean off and remove nerve block catheter.
- Max 7 days.

Total knee patients

- These patients will have a diet and their pain regimen should include the nerve block catheter infusion and **medications per Total Knee Protocol.**
- **POD 1- All nerve catheter should come out.**

***** please consult acute pain attending regarding increases or changes in PO and IV pain medications due to patient's allergies or opioid tolerance.**